



2. ADDENDUM TO THE WA COUNSELOR DISCLOSURE STATEMENT

Addendum to the WA Counselor Disclosure Statement

The State of Washington requires us to disclose the following information to you about the providers you may be working with at Trauma Informed Therapies.

Yvonne Anderson, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61330165)

I am a Licensed Clinical Social Worker Associate. I received my Bachelor's Degree in Sociology from the Inter-American University of San German, Puerto Rico in 1996. After graduation I traveled to Hawai'i where I received my Master's Degree in Social Work from the University of Hawai'i -Manoa in 2002. During my time in Hawai'i, I was fortunate to learn about other cultures and work one on one with diverse populations involved with the child welfare system. These experiences helped to develop my understanding of cultural diversity and provided me with opportunities to help advocate and support the children and families I worked with.

I follow a generalist social work approach. My goal is to help empower my clients to recognize their potential for change. Ways that I do this include using a person-centered approach, trauma-informed approaches, and client focused interventions. I truly look forward to helping you find the change you desire in your life.

Bianca Corona, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61418625)

I am Licensed Clinical Social Worker Associate in the State of Washington. I completed my undergraduate degree specializing in Social Work from Austin Peay State University, and obtained my graduate degree specializing in Clinical Social Work with the emphasis of children and families from Our Lady of the Lake University. My professional background includes close to 10 years working with vulnerable populations of all ages in a variety of settings. I am experienced in the realms of mental health, substance abuse, crisis intervention, homelessness, and military servicemembers, families, and Veterans. I believe in meeting my clients where they are at and focusing on their individual needs and personal strengths to work towards a viable solution. I utilize a variety of techniques and skills drawn from recognized therapeutic modalities including Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Mindfulness-based Cognitive Therapy, Psychodynamic Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing. My mission is to make a positive impact on those I serve while providing a safe and welcoming environment during their healing journey.

Elizabeth Evans, MA, LMFTA Licensed Marriage Family Therapist Associate in the State of Washington (MG61012470)

I received my Bachelors of Arts in Social Work from Eastern Washington University and my Masters of Arts in Marriage and Family Therapy from Whitworth University. As a Marriage and Family Therapy Associate, I have gathered education and experience working with individuals, couples, and families. I have worked with children, youth, and adults of all ages and enjoy working with all ages and stages of development and life. I have experience

working with people impacted by depression, anxiety, and trauma and use a variety of methods and techniques, including Cognitive-Behavior Therapy techniques and DBT skills and techniques, and have completed level 1 training in Gottman (for couples), and basic training for EMDR (Eye-Movement Desensitization Reprocessing Therapy). No matter what modality I use, however, I always use a strength-based and client-centered approach, as I believe in how resilient people, couples, and families can be. Working in this role, I feel extremely humbled and grateful as I get to walk alongside people's healing journeys.

Lee Fisher, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61230991)

I am a Washington State Licensed Clinical Social Work Associate. I have a Bachelor of Science degree in Psychology. I graduated from Eastern Washington University with my Master of Social Work in 2007. I have many years of experience working with many different areas of social work. I believe that each person is unique and has a valid perspective. I enjoy working with people as they learn and grow, change their lives and relationships in positive ways, and create possibilities for a deeply fulfilling life. I am an EMDR trained therapist. I also use mindfulness, guided meditations/visualization, Cognitive Behavioral Therapy, and other techniques. I have experience working with people experiencing gender identity questions, LGBTQ+ folx, depression/anxiety, trauma, complex PTSD, aging and dying processes, grief, and life transitions. I work with adults ages 19 years and above.

Jennifer Harris, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61082899)

As a Licensed Clinical Social Worker Associate, I follow a generalist social work approach while drawing upon the arts as an aid to processing and healing. It is my belief that clients are the experts in their own lives and even experts may sometimes need assistance and support; I appreciate being able to provide that support. I utilize a strength's-based and person-centered clinical approach ensuring clients feel heard and understood and have the support and knowledge they need to take an active role in a positive treatment experience. My experience includes working with teens and adults in the areas of depression and anxiety. I utilize a range of techniques to help bring positive change and look forward to helping bring positive change to your life.

Jamie Kincheloe, MS, LMHCA Licensed Mental Health Counselor Associate in the State of Washington (MC61444449)

I am a Washington State Licensed Mental Health Counselor Associate. I received a Bachelor's of Art in Sociology from the University of Washington and a Master's of Science in Professional Counseling with an Emphasis in Marriage and Family Therapy from Grand Canyon University. During my Master's degree, I interned with the Women's Center of Greater Lansing in Lansing, MI working with women with a variety of mental health concerns. My post-graduate work experience includes working with individuals with substance use disorders as well as individuals who have experienced traumas as children and as adults. I recently joined Trauma Informed Therapies in 2023. I use a person-centered clinical approach that encourages and validates clients, enables them to meet their individual goals, and empowers them to change their lives for the better. I have experience with clients who struggle with substance use disorders, suicidality, anxiety, depression, PTSD, trauma, OCD, grief and loss, and stressful life transitions. I work with individuals who are 20 years old and older.

Valerie Macaraan, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61313272)

I am a Washington State Licensed Clinical Social Worker Associate. I graduated from California State University Los Angeles in 2016 with a Bachelors of Arts in Social Work and a Minor in Asian American Studies. I have also graduated from the University of Washington in 2022 with a Masters in Social Work with a concentration in Community Centered-Integrative Practice. I have worked in the social service field as well as the medical field for

most of my career. While in these fields I have served children, youth, adults, and families. My work experience includes providing support and case management for people who have mental health disorders, behavioral disorders, facing complex medical conditions and individuals who are neurodiverse. Advocating for people are experiencing homelessness, persons living in a group or inpatient setting and outpatient mental health settings is a passion for me as a social worker. I strive to provide a community for people who are facing life changes such as aging, navigating new diagnosis, and loss of a loved one. I follow a clinical and community social work approach as an aide to process and healing. My focus it creates a space where clients can share, feel heard, and be empowered. My goal is for clients have a positive treatment experience in their healing journey.

Shannon McCue, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61400346)

I have a BSW and MSW from Eastern Washington University and am licensed as a Clinical Social Worker Associate in the State of Washington. I have spent over 10 years working with people of all ages, but primarily children and youth. My professional background includes experience in child welfare, parent instruction, as well as years spent in Education combining teaching with the skills of mental health. I follow a generalist social work approach with a client-centered focus rooted in the Strengths Perspective and trauma informed therapy. In my practice I also use Cognitive Behavioral Therapy and Cognitive Processing Therapy, Emotion-Focused Therapy, Mindfulness, and more based on the needs of the client.

Elizabeth McKellar, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61226478)

I am a Washington State Licensed Clinical Social Worker Associate. I graduated from Washington State University in 2015 with a Bachelors of Science in Psychology, and then from Eastern Washington University in 2020 with a Masters in Social Work. During my Masters program I worked for Northeast Washington Alliance Counseling Services as a practicum student from 2018 to 2020. After graduating I continued with my employment with NEW Alliance for a further two years before parting to join the Trauma Informed Therapies Team in 2022. I utilize evidence-based practices such as Cognitive Behavioral Therapy, CBT, while focusing on strength-based tools. My experience includes working with all ages, with a more complete focus on teens, young-adults, and geriatric. It is my hope that I can provide a need for individuals who find themselves struggling or in need of support. As a social worker, it is my goal to be as open-minded, and inclusive as possible when providing services to individuals seeking treatment.

Jennifer McNeil, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61331897)

I am a Washington State Licensed Clinical Social Worker Associate. I graduated from Washington State University in 2019 with my Bachelor's in psychology and immediately enrolled in Boise State University's Social Work program, where I graduated with my Master's in 2021. During my MSW program, I worked for a nonprofit serving economically disadvantaged children and families. Once I reached the advanced stages of my education, I interned at the Veteran's Health Administration of Puget Sound, before joining Trauma Informed Therapies in 2022. My practice is based on my belief in your strength as an individual. I utilize a person-centered, individualized approach in our working relationship, allowing you to feel empowered and supported as we work together to create positive changes in your life. I utilize strength and evidenced-based interventions such as Cognitive Behavioral Therapy (CBT), Mindfulness-based Cognitive Therapy (MCBT), and Acceptance and Commitment Therapy (ACT) to therapeutically help you create the life you want to live and become the person you want to be.

Chelsea Moss, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61448386)

I am a Licensed Clinical Independent Social Worker Associate. I earned both my Bachelor of Art in Criminal Justice and Master of Social Work from Eastern Washington University. My professional experience is with children, young adults, and families experiencing crisis, conflict, and change. I utilize aspects of evidence-based approaches, such as Dialectical Behavioral Therapy, Acceptance and Commitment Therapy, and Mindfulness Based Stress Reduction, which are tailored to the individual needs of clients. No matter what approaches we use, my primary goal is providing a safe space to honor your life expertise and empower you in the journey to holistic wellbeing.

Aislinn Noone, MA, LMFTA Licensed Marriage and Family Therapist Associate in the State of Washington (MG61433256)

I am a licensed marriage and family therapist associate that graduated from Whitworth University. I take a humanistic and attachment lens to my practice that believes all of us are innately relational, emotional, need to feel loved, and be loved by others. I believe that there is an intrinsic value of personal experience and an individual's potential for growth. We all do the best we can with the tools we have, however, a lot of people were not taught helpful tools or even aware they have a toolbox to begin with. My goal as a therapist is to walk alongside you, help you grow, and help curate security within yourself, your relationships, and feel more emotionally balanced. I take an integrative approach with my clients to meet them where they are and to help them on their own personalized journeys and goals. I utilize several modalities such as Emotion Focused Therapy (EFT), Acceptance Commitment Therapy (ACT), and Lifespan Integration (LI). I have trained and worked with clients dealing with trauma, anxiety, and overall relational issues. Suffering is unfortunately not rare, and doing the work on your own can feel impossible. Having a support system in your corner can be a game changer.

Carlee Ragsdale-Adolfae, MED, Certified Counselor in the State of Washington (CL61346351)

I am a Certified Counselor in the State of Washington. I graduated with a Bachelor's of Social Work from University of Alaska Anchorage in 2009, and a Master's of Education in International Counseling from Lehigh University in 2015. I am currently pursuing a Master's of Social Work (MSW) from Eastern Washington University and anticipate graduating in 2024. Prior to pursuing my MSW, I worked as a school counselor for nine years. I specialize in working with children, adolescents and their families. I seek to empower individuals by helping them to increase personal and social awareness, build resilience, deconstruct unhelpful thought patterns and develop the skills to create their own desired narrative while building on existing strengths. I take an integrated approach to counseling, drawing on principles from Narrative Therapy, Person Centered Therapy, Rational Emotive Behavior Therapy and Structural Family Therapy. I use elements of art, recreation and play in therapy. I seek to create an open, welcoming environment that respects the inherent dignity and worth of all individuals.

Yvonne Roberto, MS, LMHCA Licensed Mental Health Counselor Associate in the State of Washington (MC61209962)

I am a Licensed Mental Health Counselor Associate. My educational background includes a Bachelor of Science in Psychology from Fayetteville State University and a Master of Science in Professional Counseling from Grand Canyon University-online.

I have experience in a variety of settings which stem from community-based, outpatient mental health, and psychiatric facilities. My work experience ranges from providing therapy in the home and/or mental health agencies, to working as an addiction specialist; helping those with addiction and problems related to addiction.

Not one single approach is suitable for every individual. I utilize talk therapy, Cognitive Behavioral Therapy (CBT), and Acceptance and Commitment Therapy (ACT), which also incorporates Mindfulness (to be mindful, aware, live in the moment). I also utilize a strengths-based approach; highlighting strengths, talents, and capabilities, while also focusing on the most critical and personal risks.

I have a great passion for helping those who suffer from stressful/traumatic life experiences. I strive to help my clients, which include children, adults, and families, strengthen and find healthy perceptions of themselves, so that they may be whole, emotionally healthy people for themselves and all those they encounter. I absolutely love to see

others change, grow, and improve. I believe that clients know themselves best. With their expertise and knowledge of themselves and my support and guidance, we can effect that great change, growth, and improvement. This is the greatest reward of what I do.

Brianna Rollins, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61257625)

I am a Washington State Licensed Clinical Social Work Associate. I graduated from Eastern Washington University with my Bachelor of Arts in Social Work in 2019 and my Master of Social Work in 2020. After graduation, as a black woman, I wanted to give back to the community that helped raise me. The desire to give back lead me to work as the Program Coordinator for the Carl Maxey Center. To continue giving back to the individuals in my community I came to clinical social work. As a clinician my goal is to help empower my clients integrate their traumatic experiences into their narrative using a client centered and strengths base approach. I use a combination of Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and Internal Family Systems Therapy to support my clients through their therapy. People are experts in their own lives and are incredibly resistant.

Amanda Salisbury, MSW, LSWIC Licensed Social Worker Independent Clinician in the State of Washington (LW00009539)

I am a Licensed Independent Clinical Social worker in the State of Washington. I received my Bachelor's Degree in Communication Studies from Eastern Washington University in 1999. I received my Master's Degree in Social Work from Eastern Washington University in 2004. I specialize in working with adults who have experienced trauma and are looking for ways to reduce the negative impact it has had including relationship problems, anxiety, and/or PTSD symptoms. Types of trauma that I have significant experience with are sexual abuse, physical abuse, and war related trauma. I am trained in the top three evidence based best practices for the treatment of PTSD: EMDR, Prolonged Exposure, and Cognitive Processing Therapy for PTSD.

Lee Samudio, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington

I am a Licensed Clinical Social Work Associate in the state of Washington. I have a broad range of education, beginning with a Bachelor of Arts in Psychology and a Certificate in Suicide Prevention, Treatment, and Management from Eastern Washington University in 2019 and a Bachelor of Arts in Addiction Studies from the same institution in 2021. Concurrently, I began my graduate studies at San Jose State University, where I earned a Master of Library and Information Science in 2021. I then attended Oregon State University, where I graduated with a Bachelor of Arts in Women, Gender, and Sexuality Studies in 2022. Most recently, I graduated from the University of Denver with a Master of Social Work and am currently pursuing a Graduate Certificate in Infant and Toddler Mental Health at Portland State University.

My goal is to help inform and support clients as we grow and work together. I have worked with a variety of populations, including unhoused men and women, pregnant and parenting teens, students in K-12, and domestic violence survivors. I follow a generalist social work approach that includes person-centered and trauma-informed practice. I practice with a combination of modalities, including Cognitive-Behavior Therapy techniques, bibliotherapy, Acceptance Commitment Therapy (ACT), and Solution Focused Brief Therapy (SFBT).

C. Erika Scholz, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC60822013)

I am a Licensed Clinical Social Worker Associate in the State of Washington. I completed my Bachelor's Degree with Honours in Psychology and Gender Studies at York University and obtained a Master's of Social Work, specializing in clinical mental health and addiction studies, at The University of Toronto in Ontario, Canada. Over the last 10 years, I have continued to work as a Mental Health Therapist, providing individual, group, and family therapies to adults living with complex mental health, trauma, and addiction issues at an outpatient mental health

community clinic in Alberta, Canada. I relocated to Washington to further my experience as a therapist with Trauma-Informed Therapies and to expand my clinical training by enrolling in The Licensed Marriage and Family Therapy graduate program at Seattle University.

As a therapist, I believe that each person is the expert of their own life. I utilize a strength-based, person-centered framework to create a safe and non-judgmental environment for every individual I have the honor to work with. I am trained in several clinical modalities, including, but not limited to, Dialectical Behavioural Therapy, Cognitive Behavioural Therapies, Motivational Interviewing, Solution-Focused Therapy, Narrative and Family Systems Therapies, as well as Accelerated Resolution Therapy and Prolonged Exposure Therapy specific to treating trauma. Through an integrative and collaborative approach, it is my intention to help each person feel empowered and supported in their therapeutic journey.

Eugene Song, MA, LMHCA Licensed Mental Health Counselor Associate in the State of Washington (MC61482640)

I am a Washington State Licensed Mental Health Counselor Associate. I received my Bachelor's Degree in Psychology from Corban University and received my Master's Degree in Counseling from Corban University. It is my belief that clients work best in collaboration with the counselor and when the client directs their goals and aspirations towards a better future and integrated present self. Each person has their own unique experiences and values which make up meaning for their present. Oftentimes when those past experiences are distorted, one may find themselves being out of sync with their current sense of self. My utilization of interventions such as Cognitive-Behavioral therapy, Accelerated Emotional Development Processing, and a Person-Centered Approach will best work in tandem with taking back your life. With the future so ripe, I look forward to helping you achieve change.

Rayanna Tensley, MSW, LSWAIC Licensed Social Worker Associate Independent Clinician in the State of Washington (SC61362353)

I received my Bachelor of Arts in Psychology and my Master of Social Work at Eastern Washington University. I have worked in the social service field for most of my career, serving children, youth, adults, and families. I have experience working with persons who identify as having a substance use disorder, a mental health disorder, behavioral disorder, those who have identified as experiencing homelessness, persons in group homes and facilities, and those in outpatient services. I have experience serving these populations that have identified and expressed the depression, anxiety and trauma they have experienced within their lives. Mindfulness is most important as we work towards discovering, developing and utilizing your strengths. We approach healing together in a manner in which your goals are the focus of your success and we do so with person-centered and strength-based approaches.

Julia Tschirhart, MA, LMFT, Licensed Marriage and Family Therapist (LF61200900)

I am a Licensed Marriage and Family Therapist, receiving my Masters of Arts from Whitworth University in 2019. I have been focused in trauma work since the beginning of my internship in 2018 and later on as a full time Behavioral Health Clinician at Lutheran Community Services. During my time there I worked with a large range of clients from children in foster care to adult refugees, giving my clients a safe space to process through their past experiences and helped empower them to embrace their worth and value as a human being. After my time at Lutheran, I moved over to CHAS to become a Behavioral Health Provider, providing a brief model, educating and normalizing patients' symptoms, offering solution-focused treatment to help manage their symptoms, coordinating with their primary care, and bridging the gap of care till they were established in longer term treatments. I've used evidenced-based modalities in my practice including Cognitive-Behavior Therapy Plus (CBT+), Trauma Focused-Cognitive Behavioral Therapy (TF-CBT), Dialectical Behavior Therapy (DBT), and have been trained in Eye-Movement Desensitization Reprocessing Therapy (EMDR). Whichever modality is used, I meet my clients wherever they are at with a Rogerian approach. Offering client focused care and unconditional positive regard to help build an environment for my clients to process through some of the scariest times of their lives in order for them to become

in control of their experiences rather than their experiences controlling them and to help become the person they were meant to become.

CLIENT INITIALS:

My initial indicates that I have read and understand the above information.

Client Initials:

Parent/Guardian Initials**:

**Required if client is a minor and under the state-mandated age of consent. Age of consent is 13 years old in the state of Washington, clients 12 years old and younger must have Parent/Guardian consent. For questions on your state's minor consent laws, please see the TIT Front Desk staff.